

The St Helena Ambassador

... An Extraordinary Place on a Path to Prosperity



Issue 43 May 2016

Governor's First Month On St Helena

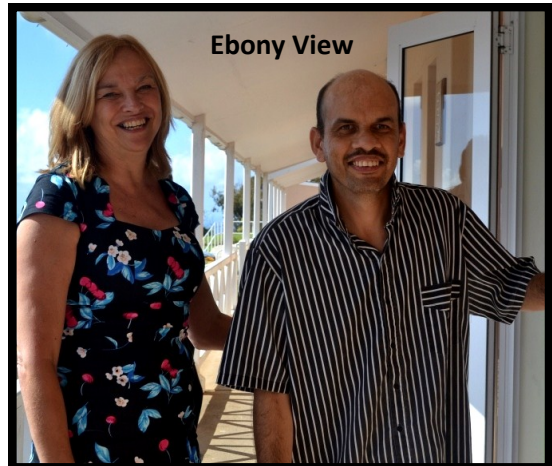
On Monday 25 April 2016, Governor Lisa Phillips arrived on St Helena. Since then, she has been actively engaging with the community and has visited various establishments on the Island. She will continue this community engagement in her future programme.



St Pauls Primary School



Pilling Primary School



Ebony View



Cape Villa



Deason's Centre



Harford Primary School

New Horizons held its fourth annual musical show on Saturday 30 April 2016, with the theme 'Hottest Number Ones'. With over 450 people in attendance, the show started at around 7.30pm with the first song 'The Gambler', performed by Ben Hathaway grabbing the crowd's interest immediately.

Director of New Horizons, Nick Stevens, spoke of the idea behind the event:

"In order to keep New Horizons operational, we need to raise funds, and we wanted to maintain our tradition of doing a musical every year.

"For this year's show, we are hoping to use some of the funds raised to pay for some of the equipment that we have installed in our new gym."

The concert, which lasted for two and a half hours, saw 25 performances, with a special contribution of 'Purple Rain' sung by Father Dale Bowers in honour of the artist 'Prince', who recently passed away.

Also taking place on the night was a raffle draw and lucky dip. A tuck-shop was also organised by New Horizons and ushers made their rounds offering beverages.

Nick added:

"The whole event was really excellent. In my opinion, out

of all the concerts we have done, this one was by far my favourite. All the singers were brilliant, and the band was awesome. The audience were very appreciative and that, for me, is what made the show such a success."



Photos courtesy of Barry Hubbard

Mental Health Awareness Week

On Thursday 19 May 2016, the Health Promotion Team launched 'Mental Health Awareness week' with displays in front of the Post Office for members of the public to view. There were also leaflets about Stress, Anxiety and Depression. Stress relief balls were also given out to members of the public.

Health Promotion Coordinator, Marian



Yon, spoke of the day:

"The Public were very enthusiastic about the stress balls, with 100 being distributed within an hour. A 'stress' leaflet was given out with each ball. There was also interest in other leaflets on mental health issues."

"The idea was to raise mental health awareness, and to think about our own mental and emotional wellbeing. We feel this was achieved, and we will build on this activity in future years."

District Clean-up Competition



Enterprise St Helena, in association with the district Community Centres,

launched a district clean-up competition on Friday 6 May 2016, to encourage communities to clean up and beautify their districts - as St Helena is a beautiful Island, but one with a litter problem.

The competition will run until Monday 31 October 2016, with a prize of £3,000 and the title 'St Helena's Tidiest District' going to the winning district. There will also be second and third prizes of £2,000 and £1,000 respectively.

There are two competition categories, which are 'Best Kept District' and 'Best Kept Area'. Each district must also choose one additional category out of 'Best Flower Garden', 'Best Kept Street', 'Best Kept Clean & Green Area' or 'Best Local Heritage Structure'. Each district will receive

a financial contribution to implement their chosen projects.



Communications and Marketing Manager for ESH, Chanelle Marais, said:

"St Helena has recently received an unprecedented amount of positive coverage in the media worldwide, but there is one consistent negative - our inability to manage litter on the Island. This is not a problem that can be solved by any one organisation or department. The answer lies within the Island's people and communities. We hope that this initiative will create awareness about the problem, by finding ways of dealing with litter as a community, by creating pride in a clean environment and by nurturing sustained anti-litter behaviour."

Individuals as well as organisations are strongly encouraged to become a part of a cleaner St Helena.

Fruit In Schools

St Helena's Primary Schools have recently been allocated money by the Safeguarding Children Board for a 'Fruit in Schools' project - linking with the Healthy Eating curriculum focus.

This initiative also links with Health Promotion team's 'Saints Healthy Schools Programme' which was set up in 2014 to

support children and young people in developing healthy eating and behaviours. This, in turn, should help raise pupils'

achievements, help reduce health inequalities and help promote social inclusion. Activities currently supporting the programme include Assemblies on healthy eating and lessons on healthy lunchboxes, healthy eating, healthy lifestyles and food & nutrition - supported by visits of Health Promotion Coordinators to schools, talking to both parents and children about the subject. Pupils are also being encouraged to drink more water in school.



St Helena's Day Celebrations

The 2016 St Helena's Day celebrations were this year held on Friday 20 May 2016, and were reckoned by all to be a great success. Once again organised by New Horizons and held in lower Jamestown, traditional activities and stalls were arranged in both the Mule Yard and along the Seafront area.



The day began at 9.45am with a Parade and Service, with speeches given by HE Governor Lisa Phillips, Miss St Helena Kimley Yon, Director of New Horizons Nick Stevens and Chairman of New Horizons Paul McGinney.

This was followed by a sponsored mini-marathon and a football tournament, with other activities on the day including a sponsored Jacob's Ladder challenge, novelty sports and bingo.



One of the highlights of the day was, as always, the much anticipated themed float parade which drew large crowds into town. This year's theme, 'Efficient! Safe! Reliable! - St Helena Transport Through the Ages' - saw St Paul's district take first place with their Donkey float (pictured).

Stalls offered jewellery, clothing, novelty balloons, cotton candy, pop corn, sweets, and so much more. There was live music in the Mule Yard throughout the day and an impressive fireworks display in the evening.

Director of New Horizons, Nick Stevens, said:

"Despite what was originally planned as a two-day celebration for St Helena's Day and the Official Opening of the Airport being condensed into one day of celebrations for our National Day, the event turned out to be one of our most successful St Helena's Day celebrations to date."

"One of the highlights of the day was the spectacular Firework display which was proficiently managed by the St Helena Fire Department."

Nick Stevens would like especially to thank the New Horizons team and all who helped out on the day. Nick concluded:

"St Helena's Day is New Horizons' major fundraiser with the majority of funds being spent on equipment for the various activities that we carry out. £2727.26 has so far been raised, with donations still to be received from stalls and food vendors."

"We are hoping for a grand total of £3000."



roxanne.green@sainthelena.gov.sh



+ 290 22470



www.sainthelena.gov.sh